RUHR-UNIVERSITÄT BOCHUM

RUBBIN BINSTITUTE

EXTINCTION LEARNING

What happens in the brain during learning

Why the context of an experience is crucial in this process

And how research into extinction learning helps patients overcome pain and anxiety

#35

Special Issue 2025:

SFB 1280 Extinction Learning



Point of View <u>THE VALUE</u> <u>OF CURIOSITY</u>

Fundamental research: Many people in academia are concerned with the pursuit of knowledge, without an explicit application in mind. Is that a good thing? A commentary by Onur Güntürkün.

Any researchers are familiar with this situation: They are asked what they are working on, talk about their project and then hear the question: What is it good for? I too am familiar with this situation. My research group is interested in how the brains of birds and humans work and how behavior arises. Like many other basic researchers, we cannot answer the question about the meaning of our work by claiming that we want to cure a disease, stop climate change or develop a new product for industry. We do research to gain knowledge. Does that make sense? Yes, it does.

Decades ago, there was a small group of people interested in how to create a single-stranded ribonucleic acid (RNA) that could be used to transfer the genetic code for a protein. When asked with a mocking smile what this was supposed to achieve, they spoke of vague possibilities that it could cure diseases. They didn't really know. But they didn't dare to say that they were just curious to see if RNA could be artificially produced. So curious that one of them accepted the risk of leaving her home country to do research in another country. There she was later demoted by her university because of the uselessness of her research, found asylum in another laboratory and continued her research under the most difficult conditions and without financial support. In 2023, Katalin Karikó, together with her colleague Drew Weissman, received the Nobel Prize for her fundamental research on mRNA technology. This research enabled the COVID-19 vaccine and thus saved millions of lives. Most of these saved people do not know that they owe their lives to Katalin Karikó's curiosity and thus to basic research.

Basic research creates the basis for later applications. Without it, we would not have the modern world in which people in Germany live to be 80 years old on average, listen to music while jogging and turn on the light at home in the evening with a simple push of a button. Speaking of light: When Michael Faraday was working on the first electric motor, the British Prime Minister is said to have asked him who would need such a thing. He probably smiled mockingly. Faraday is said to have replied: "There is a chance that you will soon be able to tax it."

Even if basic researchers definitely don't want their research to be applied in any way, their curiosity can prove extremely useful. The mathematician Godfrey Harold Hardy was interested in number theory and was convinced that it was useless. He was wrong: His research became the basis for the cryptography currently used by your bank to protect your savings from online access by criminals.

I am interested in why birds can be so smart even though they have such a small brain that is so different from ours. Crazy, isn't it? I'm just very curious.

text: Onur Güntürkün, photo: rs

EDITOR'S DEADLINE

ASTONISHING, HOLMES! WHENEVER I SEE THIS WHITE SQUARE, I FEEL HUNGRY ALL OF A SUDDEN... HOW CAN THIS BE?

INDEED, MY DEAR WATSON! BUT I WILL SOLVE EVEN THIS STRANGE CASE.

IMPRINT

PUBLISHER: Collaborative Research Center 1280 Extinction Learning in collaboration with the Corporate Communications Department at Ruhr University Bochum (Hubert Hundt, v.i.S.d.P.)

EDITORIAL ADDRESS: Corporate Communications, Editorial Office Rubin, Ruhr University Bochum, 44780 Bochum, Germany, phone: +492343225228, rubin@rub.de, news.rub.de/rubin

EDITORIAL BOARD: Dr. Lisa Bischoff (lb, editor-inchief); Meike Drießen (md); Carina Huber (ch); Raffaela Römer (rr); Dr. Julia Weiler (jwe)

PHOTOGRAPHER: Roberto Schirdewahn (rs), Offerkämpe 5, 48163 Münster, Germany, phone: +491724206216, post@people-fotograf.de, www. wasaufdieaugen.de

COVER: Prof. Dr. Erhan Genç

PHOTOGRAPHS FOR TABLE OF CONTENTS: for pages 16, 30, 50: RUB, Marquard; page 8: Robert Reichert, Kevin Haselhuhn, Noemi Rook; page 46: rs

GRAPHIC DESIGN, ILLUSTRATION, LAYOUT: Agency for Brand Communication, Ruhr-University Bochum, einrichtungen.ruhr-uni-bochum.de/en/ agency-brand-communication

PRINTED BY: LD Medienhaus GmbH & Co. KG, Hansaring 118, 48268 Greven, Germany, info@ld-medienhaus.de, www.ld-medienhaus.de

EDITION: 300

DISTRIBUTION: Rubin is published twice a year in German language; the regular issues are available from the Corporate Communications Department at Ruhr University Bochum. The magazine can be subscribed to free of charge at news. rub.de/rubin. The subscription can be cancelled by email to rubin@rub.de. The special issue 2025 is available from the Collaborative Research Center Extinction Learning. In case of interest, please contact sfb1280-sekretariat@ruhr-unibochum.de.

ISSN: 0942-6639

Reprinting with reference to source and submission of proof copies

UCS: unconditioned stimulus NS: neutral stimulus CS: conditioned stimulus CR: conditioned response UCR: unconditioned response

